



STONE CRABS SWIM TEAM



2009 USA Swimming Programs at Stoneybrook
USA Swimming coaches Ann and Randy Stone
1085 Crane Crest Way, Orlando, FL 32825 407-282-4970
stonecrabs@aol.com www.stonecrabsswimteam.com

STONEBROOK SIGN UP DAY: APRIL 7th, TUESDAY at 7:00 PM, Poolside, Stoneybrook Fitness Center- Register for all upcoming programs (details below) and Meet the Coach!

SPRING BREAK SWIM CAMP for Stoneybrook Residents: DATE: March 30, 31, April 1, 2

TIME: 9AM to 12PM PLACE: Englewood Pool (a heated pool) on LaCosta Drive COST: \$110.00
Open to ALL interested swimmers- ALL ages welcome- ALL skill levels welcome-No prior swim team experience
Registration form online or Contact Coach Stone at 407-282-4970 or stonecrabs@aol.com

SWIM TEAM REGISTRATION: REGISTRATION FEE: \$60

We offer an exciting USA Swimming program at the Stoneybrook Pool beginning in mid-April- water temperature permitting! The program is designed to teach all members the four competitive strokes- Freestyle, Backstroke, Butterfly and Breaststroke in a low key competitive environment. We offer dual meets throughout the summer- all participants win awards in a fun-filled atmosphere. Spring practice days and times TBA. Summer practices are held every Monday, Tuesday and Thursday from 6:15PM to 7:15PM. New swimmers welcome!

PRESCHOOL SWIM TEAM REGISTRATION for STONEYBROOK POOL

Classes will meet from mid-April to late May every Tuesday and Thursday or Monday and Wednesday at 11AM. Summer time class will meet from 6:15PM to 7:15 PM, Monday, Tuesday and Thursday. Children need to be comfortable in the water. The emphasis will be on learning freestyle and backstroke.

PRIVATE & GROUP SWIMMING LESSONS: Private lessons are available IMMEDIATELY at a nearby heated pool facility- start NOW so your child is swimming all summer long- contact Coach Ann directly at 407-282-4970! We will begin lessons at the Stoneybrook Pool as soon as the pool is warm enough- hopefully sometime between Mid-April and May 1.

COST: Private Lessons- \$125.00 for 8- 15 minute Classes Group Lessons: \$80.00 for 8- 30 minute classes
In April and May we will offer both morning and early afternoon classes. During the summer we will offer afternoon and evening classes.

SUMMER SWIM CAMPS at STONEYBROOK POOL

DATES: June 15, 16, 17, 18	TIME: 1:00PM to 4:00PM	Residents: \$100.00	Nonresidents: \$110.00
July 13, 14, 15, 16	TIME: 1:00PM to 4:00PM	Residents: \$100.00	Nonresidents: \$110.00
July 27, 28, 29, 30	TIME: 1:00PM to 4:00PM	Residents: \$100.00	Nonresidents: \$110.00
August 10, 11, 12, 13	TIME: 1:00PM to 4:00PM	Residents: \$100.00	Nonresidents: \$110.00

Open to swimmers of all ages and abilities! Registration forms online at www.stonecrabsswimteam.com
Day Camps and Swim Camps may be combined for the weeks of June 15th and July 13th.

SUMMER "Fun in the Sun" DAY CAMPS at the STONEYBROOK FITNESS CENTER

DATES: June 15, 16, 17, 18	TIME: 9:00AM to 3:00PM	Residents: \$175.00	Nonresidents \$200.00
June 22, 23, 24, 25	TIME: 9:00AM to 3:00PM	Residents: \$175.00	Nonresidents \$200.00
July 13, 14, 15, 16	TIME: 9:00AM to 3:00PM	Residents: \$175.00	Nonresidents \$200.00
August 3, 4, 5, 6	TIME: 9:00AM to 3:00PM	Residents: \$175.00	Nonresidents: \$200.00

Enjoy a day of swimming, exploring, playing tennis, playing a variety of sports, playing games, doing arts and crafts, and meeting new and old friends at our "Fun in the Sun" day Camps! Kindergarten through 8th Graders
Welcome to sign up- Registration forms are online at www.stonecrabsswimteam.com.

MISSED the APRIL 7th SIGN UP DAY? No problem- please contact Coach Stone at stonecrabs@aol.com to sign up; or check out our website at www.stonecrabsswimteam.com to download registration forms for summer programs and mail to: 1085 Crane Crest Way, Orlando, FL 32825; or contact Coach Stone directly at 407-282-4970.